

**Chairman:**

Dr.Sk.Imam Khasim., M.A, M.Ed, Ph.D., Principal

**Vice Chairman:**

Smt.J.Vijayalakshmi, M.Com, M. Phil., Vice Principal

**Organizing Secretary:**

Dr.S.Bapireddy, M.A., M.PEd., Ph.D.,  
Lecturer in Physical Education.

**Joint Secretaries:**

1. Sri K.Sundara Rao, Lec. in English.
2. Sri B.Rama Rao, Lec. In Political Science.

**Executive Members:**

1. Sri K.Ratnakumar, Lec. In English.
2. Smt.M.Swarnalatha, Lec. In Economics.
3. Smt.A.Pushpalatha, Lec. In Telugu.
4. Smt.Ch.Usha Rani, Lec. In Hindi.

**Co-ordinators:**

1. Smt.K.Kusumakumari, Lec.in Zoology.
2. Smt. A.N.S.Lakshmi, Lecturer in Mathematics.
3. Smt.B.Vijayalakshmi, Lec. In Chemistry.
4. Smt. P.Tulasikumari, Lec. In History.

**Members:**

1. Smt.M.Usharani, Sr.Assistant.
2. Smt.R.Sirisha, Jr.Asst.
3. Smt.N.D.R.Jyotsna, Record Assistant.
4. Sri D.Kiran, JKC Mentor.

**Address for Correcspondance:**

**Dr.S.Bapi Reddy., M.A.,M.PEd.,Ph.D.,  
Lecturer in Physical Education &  
Organizing Secretary,  
SVD Govt. Degree College(w),  
NIDADAVOLE.  
W.G.Dist., Andhra Pradesh.  
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**UGC SPONSERED NATIONAL SEMINAR**

**ON**

**“FITNESS- A WAY OF LIFE”**

**(3<sup>rd</sup> & 4<sup>th</sup>, February, 2016)**

Organized by: Dept. of Physical Education & Sports,

S.V.D. Govt. Degree College (w), Nidadavole.

W.G.Dist., Andhra Pradesh.

**Registration Form**

Name of the Delegate:

Type of Delegate: Local/Out station/Research Scholar

Designation:

Official Address:

Residential Address:

Email:

Phone Number:

Title of Research Paper:

Name of the Author(s):

Presenting Author:

Registration Fee Details:

Bank D.D.No.

Date, Time &

Mode of Arrival:

Signature of Delegate:

**Note: Typed/Photo copy of the Registration form may be used**

**UGC Sponsored Two Day National Seminar**



**“FITNESS- A WAY OF LIFE”  
3<sup>rd</sup> & 4<sup>th</sup>, February, 2016.**



**Dept. of Physical Education  
SVD Govt. Degree College (w)  
NIDADAVOLE.**

**In Collaboration with**



**National Association of Physical Edn. & Sciences  
(NAPESS)**

**Organized by**

**Dept. of Physical Education & Sports.**

**SVD Govt. Degree College(w),**

**NIDADAVOLE, W.G.Dist.,**

**ANDHRA PRADESH.534301.**

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### About Our Nidadavolu.

Niravadyapuram or Niravadyaprolu popularly has known as Present Nidadavolu, a historical and ancient City in W.G.Dt., A.P. Was founded by Vijayaditya II the then chalukyan king to get rid of his sin during his wars (As papapariharam). Nannayya mentioned in Mahabharata during the time of Rajaraja Narendra. This town is surrounded by water bodies(jaladurga) of Eastern chalukyan kings. Chalukyan king Chalukya Bhima won this from Rastrakuta kings. . It is nearer to Rajahmundry. A number of scholars went to Srisailam peetham during those days. A prince of Nidadavolu Veerabhadra chalukya married Rani Rudrama devi a prominent ruler and the queen of kakatiya dynasty. It has 108 Siva temples which were destroyed by Mohamad Bin Tuglak. Later it was the capital of Anapota Reddy of Reddi kings. It is a Mandal and Assembly Constituency Head quarter and a Railway junction in Vijayawada - Chennai Main line.

### About our College:

The college was established in 1983 vide G.OM.S. No: 376 Dated 12-09-1983. At that time the college was run in the local lion's club auditorium with B.COM and B.A courses with only a few staff members. With the initiation of Smt Rajeswari Rama Krishnan the college was shifted from Auditorium to a permanent building in 1990 and Named after Smt.Velagapudi Durgaamba Government Degree College for Women. Keeping in view the importance of information Technology, the Nidadavole educational Society successfully mobilized the Government to introduce B.Sc Computer Science in our College. Permanent affiliation was given to the college in the year 1990-1991 vide RC No CII-1724/83, Dated 27-04-1991 of the Andhra University, Waltair. The college was admitted to U.G.C under 2F and 12B and thus got eligibility for required grant from U.G.C.At present this college is running under the affiliation of **Adikavi Nannaya University, Rajahmundry.**

### About the Department of Physical Education & Seminar:

It has done exceedingly well since 1983 and has been consistently bringing laurels to the institution. Besides winning various championships at the Inter-collegiate level and the College has also produced many Inter varsities, National players. Theme of the National Seminar on "**FITNESS- A WAY OF LIFE**" to bring out the true contours and perspective of Physical education, an essential wellness science. This seminar will provide an opportunity to the Indian leading physical educationist, coaches and other academicians to present their work at National level august gathering and also interact with professionals who examine sports through a variety of perspectives and disciplines. The department of Physical education SVD Government Degree College(w), Nidadavole,W.G.Dist., is inviting the renowned key note speakers to enlighten the gathering with their work and specialization, and we extend the invitation to all the scholars, researchers, academicians, health care professionals and sports medicine practitioners from all over India.

### Sub Themes of this Seminar:

1. Exercise physiology
2. Sports Nutrition
3. Sports Psychology
4. Training Methods
5. Sports Management
6. Yogic Sciences
7. Sports Bio Mechanics

All the submitted abstracts & full papers will go through a review process by the scientific committee. The committee has the right to accept or reject and instruct the author to review the article. The length of the paper shall not be exceeded 4 pages including figures, Tables and references. The soft copy of the same may be sent to [drbapireddys7@gmail.com](mailto:drbapireddys7@gmail.com) the same may be forwarded to [nidadavolew.jkc@gmail.com](mailto:nidadavolew.jkc@gmail.com).

### Registration Fee Details:

Category	Before 25.01.2016 Rs.	Before 30.01.2016 Rs.	Spot Registration Rs.
Local Delegates Without Accommodation	800/-	1000/-	1200/-
Out Station Delegates with Accommodation	1200/-	1500/-	1800/-
Research Scholars	1000/-	1200/-	1500/-

The D.D Should be drawn in favor of Organizing Secretary, Lecturer in Physical Education, SVD Govt . Degree College (W), Nidadavole, payable at Corporation Bank, Nidadavole.

Abstract should reach by 20.01.2016 and full paper along with D.D should reach before 25.01.2016. Registration Fee includes Seminar Kit, seminar schedule accommodation (if opted for), breakfast, lunch and dinner.

Official Language: English

Accepted Research article of an individual will be published in the journal of National Association of Physical Education and Sports Sciences ISSN02221-7049.

### Address for Communication:

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**Dr. S. Bapi Reddy**

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**Dr. Sk. ImamKhasim**

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